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NEWS

for the Cure

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June 2009

Dear Christa,

How will you be spending your summer vacation?

We already know that more than 10,000 of you got your summer off to a running start at our 16th Annual Komen Connecticut Race for the Cure on June 6. Because



of you, we had our best Race ever - you can [read more about the event below](#).

Many more of you have also been busy organizing your own fundraising events, and we can't thank you enough for your dedication. We'd like to recognize the following businesses and individuals who have recently held fundraisers in support of a cure:

University of Connecticut School of Pharmacy
Pharmacy 4K Fun Run

Lux Bond & Green, West Hartford Center
David Yurman Trunk Show

Connecticut Florist Association
Mother's Day Pink Ribbon Pin Promotion

Southington Girls Softball League
Strike Out Cancer Charity Game

Anthony Allen
A Hike to Remember

Lisa Nyland
Spring Fling Artisan Fair

On the Border of Rocky Hill
Cinco de Mayo

Jason Horowitz
Broadway Musical Revue

Tumble Brook Country Club
Play for a Cure Golf and Tennis Tournament

York Correctional Institution
Walk for the Cure

Kaman Music Corporation
22nd Annual KMC Music Charity Golf Tournament

Employee Family Protection
Rose's Legacy Golf Tournament

Whatever your plans are for the summer, we hope that your continued support is part of the plan. Why not attend one of our [upcoming events](#)? Or teach your daughter about [breast self awareness](#)? Or schedule your annual [mammogram](#)?

Together, we can achieve a world without breast cancer when we make awareness and early detection a part of our daily lives. On behalf of the Komen Connecticut Affiliate, I wish you a happy and healthy summer.

Sincerely,

Anne Morris

Executive Director, Connecticut Affiliate of Susan G. Komen for the Cure®



Thank you, Connecticut!
You've done it again, Connecticut - our 2009 Komen Connecticut Race for the Cure was another record-breaking year! Our heartfelt thanks go out to all who participated for joining us in the fight against breast cancer. We had more than 10,000 runners, walkers, sponsors, survivors, family members and volunteers in Bushnell Park and we already know that this was our most

successful Race to date, thanks to your support.

The Race might be over, but our fight to end breast cancer isn't. That's why we will [continue collecting Race donations](#) until July 1. Please continue asking friends, family and co-workers for support. Remember, our top fundraisers will win prizes through our Pledge Club!

We think the tee shirts pictured here really sum up why we continue to fight breast cancer every day. The shirts, worn at the Race by Jim Suller and his son RJ read: "Fight against breast cancer so my daughters will never have to!" and "Fight against breast cancer so my sisters will never have to!" Together, with your help, we will find the cures so that all daughters and sisters can live in a world without breast cancer.

Again, our thanks to all Race participants, volunteers, sponsors and supporters. You are all champions - of the cause and of our communities. We hope to see you in 2010!

[Support a participant.](#)

[View Race results.](#)

[View Race day photos.](#)

[View photos by bib number.](#)

Where Your Donation Goes

The Komen Connecticut Affiliate contributes both locally and nationally to the fight against breast cancer, earning a Four Star rating on Charity Navigator. [Learn where the money goes.](#)

Featured Survivor

Katrice Gibson



Katrice Gibson strives to show her two daughters and son every day that breast cancer will not defeat her.

After a sudden loss of her mother in September 2005, which took a large toll on her and her three young children, Katrice started feeling unwell. She broke out in hives, which prompted her to see doctors and allergists. By the end of spring, she needed to be hospitalized for the hives, and was diagnosed with vasculitis, a rare autoimmune disease. At this time, she never would have thought the hives could be triggered from her undiagnosed breast cancer.

[Read more.](#)

Grantee Corner



Governor Rell Signs Mammogram Reports Bill

Last week, Governor M. Jodi Rell signed a bill that requires mammogram reports given to patients to include information on breast density and a recommendation that women with dense breast tissue may benefit from further screening.

Breast density refers to the proportions of fat and tissue in the breasts as seen on a mammogram. Mammography alone may not detect breast cancers in women with high breast density. The new legislation now requires doctors to inform women if they have dense breasts, so that they can then decide together if other screening options are right for the patient. Additional screening options may include ultrasound or MRI. The Komen Connecticut Affiliate recommends talking to your doctor about your personal risk for breast cancer.

Nancy Cappello of www.areyoudense.org, an educational source on breast density, was instrumental in the passage of this legislation along with Anne Morris, executive director of the Komen Connecticut Affiliate. Both testified in favor of this bill at a public hearing during the legislative session and were resources for legislators on the importance of reporting breast density. Nancy and Anne were present at the bill signing last week.

Pictured above are Cheryl Cepelak and Anne Morris of the Komen Connecticut Affiliate, Representative Steve Fontana, Governor Rell, Nancy Cappello, Senator Crisco and Joseph Cappello.

[Learn more about high breast density.](#)

[Learn more about early detection and screening.](#)

Did you know...

the Komen Connecticut Affiliate was unable to fund 27% of the breast health services requested on grant applications this year? That means many of the women and men who rely on these community based services for quality care won't receive the assistance they need this year.

If each person who receives this e-newsletter donated just \$30, we would be able to fully fund the local services that need our support.

Are you ready to join in our promise to save lives and end breast cancer forever?



[Donate Now.](#)

22 Local Breast Health Programs Funded

The Komen Connecticut Affiliate is proud to announce an \$871,000 investment in local breast cancer education, screening and treatment programs through our community grants program. It's what we - and you, our supporters - work so hard for all year, to support the local services our families and neighbors rely on for quality care. The programs we are supporting in the 2009/2010 grant year are located at the following facilities:

- **Cancer Care of Connecticut**, Norwalk
- **Charlotte Hungerford Hospital**, Torrington
- **Eastern Connecticut Health Network**, South Windsor
- **Fair Haven Community Health Center**, New Haven



Breaking the Silence

Program funded by the Komen Connecticut Affiliate

The expansion of the "Breaking the Silence" program includes a team of professional health educators and breast cancer survivors who represent low income communities and provide education and early detection screenings for women who might not otherwise receive these services.

[Learn more about the Breaking the Silence program at Ledge Light Health District](#)

[View the other Komen Connecticut Affiliate grantees.](#)

[Learn more about our grantmaking process.](#)

- **Griffin Hospital's Rapid Diagnostic Breast Center**, Derby
- **Hartford Hospital**, Hartford
- **Hospital of Central Connecticut**, New Britain
- **Hospital of Saint Raphael**, New Haven
- **Johnson Memorial Hospital**, Stafford Springs
- **Ledge Light Health District**, Groton
- **Midstate Medical Center**, Meriden
- **Necessities Bags**, Ridgefield
- **New Milford Hospital**, New Milford
- **Norma F. Pfriem Breast Care Center**, Fairfield
- **Oak Hill**, Hartford
- **Planned Parenthood of Connecticut**, New Haven
- **Russo Family Foundation**, Shelton
- **Saint Francis Hospital & Medical Center**, Hartford
- **Saint Mary's Hospital Inc.**, Waterbury
- **Saint Vincent's Medical Center**, Bridgeport
- **Stamford Hospital**, Stamford
- **Yale New Haven Hospital**, New Haven

Congratulations to all! We are pleased to have your participation in the fight against breast cancer.

[Learn more about our grantees.](#)

[Read the press release.](#)

[View pictures from the awards breakfast.](#)



Donor Spotlight - Rose's Legacy Golf Tournament

For the fourth year in a row, Employee Family Protection Incorporated (EFP) organized its Rose's Legacy Golf Tournament in support of breast cancer

awareness. The tournament is held in memory of Rose Tomaino, a former EFP employee. More than 120 golfers gathered at the Wethersfield Country Club in her memory.

More than three years ago, EFP lost Rose, one of their founding employees and vice president of administration, after a long struggle with breast cancer. She had contributed to the growth of the company for more than twenty-five years.

One of Rose's many passions was the game of golf, and EFP founded the annual golf tournament for her friends and colleagues to celebrate and honor her. The tournament offers a space for EFP employees and clients to remember Rose and raise money for breast cancer.

Special thanks to Charlie Stepnowski of EFP and the 2009 committee - Kim Rutty, Tammy Fierravanti, Susan Anderson, and Ginny Huhn - who worked tirelessly to bring this event to their employees this year. We truly appreciate your dedication to Komen for the Cure and the fight to end breast cancer forever.

Be part of the cure. [Give now.](#)

Upcoming Events

Rally for the Cure

The Milbrook Club, Greenwich

July 9, 2009

[Learn More.](#)

Bikers for the Cure

MountainRidge, Wallingford

August 9, 2009

[Learn More.](#)

Rally for the Cure

Silvermine Golf Club, Norwalk

October 1, 2009

[Learn More.](#)

Ride for the Cure

Tyrone Farm, Pomfret

October 4, 2009

[Learn More.](#)

\$1.68
million

was invested by Komen for the Cure in Connecticut last year.

The Komen Connecticut Affiliate is making an impact in our state. [Learn about the local services we are funding this year.](#)

Photo credit in News for the Cure banner: [Kristen Jensen](#)



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